



March 2019

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Please, 500 words or less

The Scoop

Intergroup Elections

Nominations for the Intergroup Board were made at the January and February Intergroup Meetings. **You can vote at Central Office March 1, through March 7, during office hours and until 6:59pm on Thursday, 3/7, which is just prior to the March Intergroup meeting.**

The ballots will be counted during the March meeting, and announced at that meeting and in the April Scoop.

Positions up for election are **Chair, Co-Chair, Secretary, Treasurer**, and two (2) **Members at Large**.

The following were nominated at the January and February Intergroup meetings:

Chair: Bruce L.; Dave S.

Co-Chair: Leslie G.; Fred H.; Trevor B.

Secretary: Veronica H.

Treasurer: Steve K.

Members at Large (vote for 2): Stephanie S.; Fred H.; Don O.; Judi M.; Dave S.

Step Three

"Made a decision to turn our will and our lives over

to the care of God as we understand Him."

Practicing Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: "This is the way to a faith that works." In the first two Steps we were engaged in reflection. We saw that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A.A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance.

Tradition Three

"The only requirement for A.A. membership is a desire to stop drinking."

This tradition is packed with meaning. For A.A. is really saying to every serious drinker, "You are an A.A. member if *you* say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications – even your crimes – we still can't deny you A.A. We don't *want* to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted

or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an A.A. member the minute you declare yourself."

Winner of the Central Office Birthday Raffle

January Winner: Sheila G.

Drop into Central Office during your birthday month and get your ticket for your free Birthday Raffle.

Show your gratitude, contribute \$1 to Central Office on your sobriety birthday for each year sober.

Quotable Quotes

Collected by Dano B

1. There is no new information in column 1 and column 2, nor is there a solution. *Keri S.*
2. The difficulty was in the decision to turn it over. *Sorehya*

3. Tap into the message, not the messenger.

4. "When you're done being an idiot, I'll be right here." *God*

5. As long as there is breath, there is hope.

6. I better take another look at Step Three if I am still fighting everything. *Pp 60-63*

7. I had to work the program to prove that it didn't work and I failed.

8. I have no idea how much I drank.

9. I hope your Third Step turns into a Seventh Step. *Mike W.*

10. I don't know nothin. When I knew everything, I was dying of alcoholism.

11. I wasn't afraid of an overdose, I was afraid of an under dose.

12. My character defects can trigger my drinking and my drinking can trigger my character defects, so I better get rid of both of them. *Dick O.*

Word Game

ANONYMITY; APPROVAL; ATTITUDES; BLAME; CHANGE; CHOICE; COMMITMENT; DECEPTION; DEMANDS; EGO; FAITH; GOSSIP; GUILT; HOPE; HUMOR; OBSESSION; PAST; PROMISES

G	O	B	S	E	S	S	I	O	N	O	D	T	D
I	O	D	E	C	E	P	T	I	O	N	A	N	E
E	E	B	E	H	E	I	P	I	H	G	P	E	M
P	A	T	L	C	H	A	M	N	U	O	P	M	A
H	F	N	I	A	E	I	E	C	M	S	R	T	N
A	N	O	N	Y	M	I	T	Y	O	S	O	I	D
H	H	E	H	U	T	E	G	C	R	I	V	M	S
C	S	I	D	P	T	N	R	E	H	P	A	M	I
F	S	O	F	E	M	L	O	H	T	A	L	O	A
P	A	S	E	D	U	T	I	T	T	A	N	C	T
A	O	I	E	P	O	H	O	U	P	O	D	G	T
S	S	G	T	P	N	G	O	E	G	T	G	T	E
T	B	A	H	H	E	P	R	O	M	I	S	E	S
D	O	H	H	G	O	A	M	U	A	O	S	S	T

Business Meetings

A.V. Intergroup: 1st Thursday of each month at 7pm at Central Office, 43619 17th Street West, Suite 106, Lancaster

District 7 (General Service): 2nd Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce (link located on AV web site)

H&I: 2nd Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.) (link located on AV web site)

Coming Events

Local Events

There are no Local Events for March and April.

Nearby Events

Sponsor/Sponsee Luncheon, March 23, 11:00am at 2515 Church Ave., Bakersfield, CA 93306. (Parkside Church) Cost \$8.00.

There are no Nearby Events for April.

Other So Cal Events

There are no Other So Cal Events for March and April.

For additional and up to date information, go to:

www.avcentraloffice.org

Concept 3

To insure effective leadership, we should endow each element of A.A. – the Conference, the General Service Board and its service corporations, staffs, committees, and executives – with traditional “Right of Decision.”

Misc. From “As Bill Sees It”

I Am Responsible

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Declaration of 30th Anniversary International Convention 1965

Is Happiness the Goal?

“I don’t think happiness or unhappiness is the point. How do we meet the problems we face? How do we best learn from them and transmit what we have learned to others, if they would receive the knowledge?”

“In my view, we of this world are pupils in a great school of life. It is intended that we try to grow, and that we try to help our fellow travelers to grow in the kind of love that makes no demands. In short, we try to move toward the image and likeness of God as we understand Him.

“When pain comes, we are expected to learn from it willingly, and help others to learn. When happiness comes, we accept it as a gift, and thank God for it.”

Letter from Bill W., 1950

A Way Out of Depression

“During acute depression, avoid trying to set your whole life in order all at once. If you take on assignments so heavy that you are sure to fail in them at the moment, then you are allowing

yourself to be tricked by your unconscious. Thus you will continue to make sure of your failure, and when it comes you will have another alibi for still more retreat into depression.

“In short, the ‘all or nothing’ attitude is a most destructive one. It is best to begin with whatever the irreducible minimums of activity are. Then work for an enlargement of these – day by day. Don’t be disconcerted by setbacks –just start over.”

Letter from Bill W., 1960

The Individual’s Rights

“Through it is traditional that our Fellowship may not coerce anyone, let us not suppose even for an instant that we are not under constraint. Indeed, we are under enormous coercion – the kind that comes in bottles. Our former tyrant, King Alcohol, always stands ready again to clutch us to him.

“Therefore, freedom from alcohol is the great ‘must’ that has to be achieved, else we go mad or die.”

Letter from Bill W., 1966

**Remember what a drink used to cost?
A suggestion: put that amount into the 7th Tradition basket at least once a week.**

March 2019 Office Manager Report

	Jan '19	Feb '19	YTD Total
Sales of Goods	\$3,718.85	\$7,383.89	\$11,102.74
Expenses	(\$6,180.22)	(\$2,094.76)	(\$8,274.98)
Cost of Goods	(\$4,661.74)	(\$1,767.20)	(\$6,428.94)
Contributions	\$1,589.49	\$2,286.09	\$3,875.58
Net Income	(\$5,533.62)	\$5,808.02	\$274.40



Contributions

Group	Jan '19	Feb '19	2019 Total
A Gathering of Women	\$0.00		\$0.00
AM Mod	\$536.68	\$305.52	\$842.20
Anonymous	\$25.00	\$275.34	\$300.34
Any Lengths Group	\$0.00		\$0.00
Arbor Court	\$0.00		\$0.00
AV Hospital - Rm #CR7	\$0.00		\$0.00
AV Men's Stag	\$0.00	\$157.00	\$157.00
AV Round-Up	\$0.00		\$0.00
AVYPBYOC	\$40.00		\$40.00
Birthday	\$0.00	\$5.00	\$5.00
Came to Believe	\$0.00		\$0.00
Clubhouse Meeting	\$0.00		\$0.00
Crown Valley Grp	\$0.00		\$0.00
Dare to be Different	\$0.00		\$0.00
Friday Noon - Alano	\$0.00		\$0.00
Gathering of Women	\$0.00		\$0.00
H & I	\$10.00		\$10.00
High Desert BB Grp	\$0.00	\$650.00	\$650.00
High Desert Hospital	\$0.00		\$0.00
Intergroup Fundraisers	\$0.00		\$0.00
Into Action	\$0.00		\$0.00
Lake Hughes Men's Stag	\$0.00		\$0.00
Lake Hughes Monday Night	\$0.00		\$0.00
Little Red Book	\$0.00		\$0.00
Mid-Day Mod	\$100.99	\$83.23	\$184.22
New Beginnings	\$0.00		\$0.00
Open Door	\$0.00		\$0.00
Palmdale Grp	\$255.88		\$255.88
Pearlblossom Grp	\$0.00	\$360.00	\$360.00
PM Mod	\$308.50		\$308.50
Quartz Hill Unity Grp	\$120.00	\$240.00	\$360.00
Rainbow Grp	\$0.00		\$0.00
Rosamond Sun Night	\$0.00		\$0.00
Rule 62 Grp	\$0.00		\$0.00
Sat AM Men's Stag	\$0.00		\$0.00
Sat Spkr Mth - Alano	\$0.00		\$0.00
Sobriety Rocks - Alano	\$0.00		\$0.00
Spiritual Sunday - Alano	\$0.00		\$0.00
Steps Weorshop - Alano	\$132.44		\$132.44
Sun Night BBS	\$40.00		\$40.00
The Promises - Alano	\$0.00		\$0.00
Tuesday Topic Mtg - Alano	\$0.00		\$0.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$0.00		\$0.00
Westside Grp	\$0.00		\$0.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$20.00		\$20.00
Women Seeking Serenity	\$0.00	\$210.00	\$210.00

Tim Y.	3/2/2016	3	Jim G.	3/17/2004	15
Cynthia J.	3/6/2016	3	JoDee L.	3/14/2004	15
Teresa K.	3/10/2015	4	Nancy H.	3/12/2004	15
Leslie G.	3/26/2014	5	William	3/23/2003	16
Amy D.	3/7/2014	5	Marcus H.	3/22/2002	17
C. Bobo	3/11/2013	6	Oscar G.	3/20/2001	18
Mike S.	3/22/2013	6	Sandy M.	3/22/2001	18
Anthony	3/15/2012	7	Troy D.	3/27/1998	21
Colleen E.	3/28/2012	7	Chris G.	3/21/1997	22
Kat H.	3/30/2012	7	Janice M.	3/14/1997	22
Nicholas S.	3/15/2012	7	Patti	3/27/1997	22
Ron L.	3/12/2012	7	Paul O.	3/4/1997	22
Thomas D.	3/28/2012	7	Diane M.	3/29/1996	23
Jessie M.	3/2/2011	8	Janine B.	3/29/1996	23
Ellie	3/6/2011	8	Juliet K.	3/7/1996	23
Mary A.	3/6/2011	8	David W.	3/29/1995	24
Deborah C.	3/15/2011	8	Sarah G.	3/18/1994	25
Karen D.	3/18/2011	8	Ivryna K.	3/9/1993	26
Maile S.	3/19/2011	8	Yvette L.	3/1/1993	26
Ann W.	3/17/2010	9	Kathryn O.	3/1/1992	27
Chris	3/3/2010	9	Jerry G.	3/20/1991	28
Chrissy	3/3/2010	9	Louis G.	3/3/1991	28
Ira	3/1/2010	9	Deb W.	3/2/1990	29
Maureen B.	3/21/2010	9	Jim P.	3/4/1990	29
Paul H.	3/13/2010	9	Gayle C.	3/26/1989	30
Allen A.	3/28/2009	10	Keith C.	3/17/1989	30
Brent S.	3/26/2009	10	Owen L.	3/10/1989	30
Carri I.	3/9/2009	10	Robert W.	3/17/1989	30
Cielita O.	3/16/2009	10	Don H.	3/15/1985	34
Brent S.	3/26/2009	10	Mario S.	3/17/1985	34
Joe S.	3/29/2009	10	Robert K.	3/10/1985	34
Keith M.	3/13/2009	10	Trisha	3/28/1984	35
Brandon D.	3/28/2008	11	Jim S.	3/27/1983	36
Clinton	3/23/2008	11	Pat C.	3/20/1983	36
Josh C.	3/16/2008	11	Robin W.	3/9/1983	36
Kamryn	3/9/2008	11	Terry H.	3/6/1983	36
Rosemary N.	3/6/2008	11	Jose	3/5/1982	37
Brandy Q.	3/12/2007	12	Mary B.	3/21/1982	37
Christi N.	3/15/2007	12	Uncle Andy	3/1/1982	37
Johnny P.	3/26/2007	12	John G.	3/19/1981	38
Latasha W.	3/6/2007	12	Richard Ross	3/28/1981	38
Lavern C.	3/8/2007	12	Roy Y.	3/3/1980	39
Louis D.	3/28/2007	12	Bob D.	3/9/1978	41
Paul D.	3/18/2007	12	Jackie O.	3/1/1978	41
Samantha W.	3/20/2007	12	Mike A.	3/5/1978	41
Joseph R.	3/14/2006	13	Judy H.	3/22/1977	42
Jovan S.	3/18/2006	13	Valerie R.	3/13/1977	42
Karen B.	3/15/2006	13	Sheryl N.	3/10/1976	43
Anna G.	3/16/2005	14	Helen C.	3/5/1975	44
Chris B.	3/1/2005	14	Larry M.	3/3/1971	48
Hal F.	3/3/2005	14	Fred D.	3/10/1970	49
Kirk F.	3/26/2005	14	Annie C.	3/10/1968	51
Mike C.	3/18/2005	14	Fred C.	3/25/1965	54
Gina G.	3/22/2004	15			

Get your groups birthday list to Central Office . . . That's how they appear here!

TOTALS \$1,589.49 \$2,286.09 \$3,875.58

Total Years = 2,178

Managers Corner

Congratulations Jannette L. ~ our February Birthday Raffle winner!!
Intergroup Elections Happening Now ~ Come in & VOTE!

Thank You Saturday Volunteers!!

1st ~ Larry W. & Lori D.
2nd ~ Wendy W. & Leila N.
3rd ~ Debbie L. & Cindy D.
4th ~ Stephanie S. & Danni-Lynn C.
5th ~ Christine F. & Vacant

Scoop 4

Thank you for allowing me to be of service!

Jeffrey Harlow

Don't forget to visit us on the Web!

